

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2016

Pillsbury Manor South



								9:00 Reading on "Martin Luther" 1 10:00 Seated Exercise & Stretch 10:45 Reminiscing Through History 1:30 Walking Group 2:00 Therapy Dog "Journey" Visits 2:30 French Speaking Group 4:00 Bocce Ball	
10:00 Cards & Puzzles Available 11:00 Local Televised Mass (Channel 15) 2:00 Episcopal Church Service 3:00 Afternoon Movie: "Cheaper by the Dozen" (1950)	2 9:00 Morning News Group 10:15 Seated Exercise & Stretch 11:00 Bocce Ball 1:30 Walking Group 2:15 Bingo 3:30 Reminiscing Through History 4:15 Knitting Group <small>Rosh Hashanah</small>	3 9:00 Dick Van Dyke Show 10:00 Communion & Rosary 11:00 Word Solving Game: Hangman 1:15 Walking Group 2:00 Congregational Church Service 3:30 Birds of Vermont Presentation on Woodpeckers	4 9:00 The Andy Griffith Show 10:00 Music: Name That Nostalgic Tune 10:45 Chair Exercise & Stretch 11:20 Poetry Reading 1:30 Card Games with Moe 2:30 Round Table Discussion Group 6:15 Evening Movie: "God's Club" (2015)	5 9:00 Expressive Painting & Drawing 9:30 India's Lost World: Great Indian Plains 11:00 Standing Exercise & Stretch 1:15 Walking Group 2:00 Musical Performance by Corey Gottfried: Guitar & Singing 3:30 The Wheelchair President Part 1	6 8:45 Morning News 10:00 Seated Exercise & Stretch 10:30 Bocce Ball 11:15 Lunch outing to Vermont National Country Club 2:00 Bingo 3:30 French Speaking Group 6:15 Evening Movie: "The Best of Me" (2014)	7 10:00 Cards & Puzzles Available 2:00 Afternoon Movie: "The Letters" (2013)		8	
10:00 Cards & Puzzles Available 11:00 Local Televised Mass (Channel 15) 2:00 Afternoon Movie: "A Royal Night out" (2015)	9 9:00 Morning News 10:15 Seated Exercise & Stretch 11:00 Bocce Ball 1:30 Columbus Day Trivia 2:00 Columbus Day Cocktails 2:45 Group Crossword Puzzle 4:00 Outdoor Walk <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10 9:00 Dick Van Dyke Show 10:00 Communion & Rosary 10:45 Yom Kippur: Traditions & Customs 11:00 Yom Kippur Bookmarks 11:15 Craft: Apple Pomanders 1:30 Scenic Fall Foliage Drive 2:00 Expressive Drawing & Painting 4:00 India's Lost World: Kipling's Paradise	11 9:00 The Andy Griffith Show 10:00 Music: Name That Nostalgic Tune 10:45 Chair Exercise & Stretch 11:20 Poetry Reading 1:30 Card Games with Moe 2:30 Round Table Discussion Group 6:15 Evening Movie: "The Confirmation" (2016) <small>Yom Kippur</small>	12 9:00 Documentary "Flight of the Butterflies" (2012) 10:30 Praise & Worship with Essex Alliance Church 1:15 Walking Group 2:00 Bingo 2:30 Expressive Painting & Drawing 3:00 Maltese Therapy Dog "Fleury" Visits 4:00 Slow TV: "Northern Railway"	13 8:45 Morning News 9:45 Seated Exercise & Stretch 10:30 Book Talk with Barbara Ziemann from South Burlington Library 1:30 Outing to a Pumpkin Patch 3:45 French Speaking Group 6:15 Evening Movie: "The Last Man on the Moon" (2014)	14 10:00 Cards & Puzzles Available 2:00 Afternoon Movie: "Before We Go" (2014)		15	
10:00 Cards & Puzzles Available 11:00 Local Televised Mass (Channel 15) 2:00 Afternoon Movie "The Giver" (2014)	16 9:00 Morning News 10:15 Seated Exercise & Stretch 11:00 Bocce Ball 1:15 Walking Group 1:30 Mary Kay Nail Painting 2:30 Outdoor Gardening 2:45 French Speaking Group 4:00 Reminiscing Through History <small>Sukkot</small>	17 8:00 Shelburne Farms Breakfast Outing 8:15 Movie: "Rocket Men" (2013) 1:15 Outing to Vermont Cookie Love 2:30 Musical Performance and Group Drumming with Saragail Benjamin 4:00 India's Lost Worlds "Fragile Wilderness"	18 9:00 The Andy Griffith Show 10:00 Music: Name That Nostalgic Tune 10:45 Chair Exercise & Stretch 1:15 Catholic Mass 2:00 Card Games with Moe 2:30 Round Table Discussion Group 6:15 Evening Movie "St. Vincent" (2014)	19 9:00 Word Solving Game: Hangman 9:30 First Contact: Lost Tribe of the Amazon 11:00 Standing Exercise & Stretch 1:15 Walking Group 2:00 Bingo 3:00 Maltese Therapy Dog "Fleury" Visits	20 8:15 Egypt: The Search for Tutankhamun 10:15 Sukkot: Meaning & Traditions 10:30 Seated Exercise & Stretch 11:00 Poetry Reading 1:30 South Burlington Library Outing 3:30 Churchill's First World War	21 9:00 Reading on "Jean-Jacques Rousseau" 10:00 Seated Exercise & Stretch 11:00 Walking Group 1:15 Bocce Ball 2:30 Musical Performance by South Burlington High School Music Club 3:45 French Speaking Group		22	
10:00 Cards & Puzzles Available 11:00 Local Televised Mass (Channel 15) 2:00 Afternoon Movie "Chef" (2014)	23 9:00 Morning News 10:15 Seated Exercise & Stretch 11:00 Bocce Ball 1:30 Walking Group 2:00 Bingo 2:30 Outdoor Gardening: Deadheading Flowers 3:30 Group Crossword Puzzle 4:15 Knitting Group	24 8:30 The Wheelchair President Part 2 10:00 Catholic Communion & Rosary 10:45 Joy of the Torah: Meaning & Customs 2:00 Musical Performance by Ed Schenk 3:30 Create: Caramel Apple Bites	25 9:00 The Andy Griffith Show 10:00 Music: Name That Nostalgic Tune 10:45 Chair Exercise & Stretch 1:30 Therapy Dog "Indy" Visits 2:00 Card Games with Moe 2:00 Presidential Election Voting in Dining Room 6:15 Evening Movie: "The Fundamentals of Caring" (2016)	26 8:20 Breakfast Outing with Gazebo Residents 8:30 The Wheelchair President Part 2 11:00 Standing Exercise & Stretch 1:30 Halloween Hangman: Word Solving Game 2:00 Bingo 3:00 Maltese Therapy Dog "Fleury" Visits	27 8:15 Winston Churchill: Walking With Destiny 10:15 Seated Exercise & Stretch 11:00 Halloween Doorknob Cards 1:30 Scenic Fall Foliage Drive 3:00 Expressive Painting 4:00 The Dick Van Dyke Show 6:15 Evening Movie: "Corpse Bride" (2005)	28 8:30 Individual Visits 9:00 Reading on "Gregor Mendel" 10:00 Seated Exercise & Stretch 10:30 Pumpkin & Gourd Decorating 1:30 Walking Group 2:15 Bingo 3:30 French Speaking Group		29	
10:00 Cards & Puzzles Available 11:00 Local Televised Mass (Channel 15) 2:30 Afternoon Movie: "The Addams Family" (1991)	30 9:00 Create: Frankenstein or Freda Trick or Treat Bags 10:30 Pre school Halloween Costume Parade 2:00 Halloween Spooky Social 4:00 Group Crossword Puzzle 6:15 Evening Movie: "Sleepy Hollow" (1999) <small>Halloween</small>	31	 <h1>Life Enrichment Calendar</h1> <h2>Happy Halloween!</h2>						