



DINNER MENU

June 8th – June 14th



Allenwood

A Pillsbury Senior Community

♥ = LOWER SODIUM (SALT) OPTION

MONDAY

- Roast Chicken with Pan Gravy
- Pepperoni or Cheese Pizza
- ♥ Garlic-Crusted Cod Filets
- Whipped Sweet Potatoes
- Zucchini & Summer Squash

SOUP OF THE DAY:
Cream of Broccoli Soup

SANDWICH OF THE DAY:
Steak & Cheese Sandwich

DESSERTS OF THE DAY:
Please ask your server about today's creation

TUESDAY

- BLT Salad Plate with Cottage Cheese & Fresh Fruit
- Boneless Pork Chops with Parmesan Sage Crust
- ♥ Beef Burgundy
- Baked Potato
- Stewed Tomatoes

SOUP OF THE DAY:
Chicken Noodle Soup

SANDWICH OF THE DAY:
Fish Filet Sandwich with Lettuce, Tomato & Tartar Sauce

DESSERTS OF THE DAY:
Please ask your server about today's creation

WEDNESDAY

- Chicken Stir Fry
- Fish Cakes with Lemon & Tartar Sauce
- ♥ Moroccan Lamb Stew
- Rice Pilaf
- Fresh Carrots

SOUP OF THE DAY:
Pumpkin Bisque

SANDWICH OF THE DAY:
Turkey Salad Sandwich

DESSERTS OF THE DAY:
Please ask your server about today's creation

THURSDAY

- Beef Goulash
- St. Louis-Style BBQ Pork Ribs
- ♥ Chef Salad
- Potato Salad
- Coleslaw

SOUP OF THE DAY:
Hearty Vegetable Stew with Pesto

SANDWICH OF THE DAY:
Pastrami & Swiss on Rye

DESSERTS OF THE DAY:
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FRIDAY

- Chicken & Broccoli Fettuccine Alfredo
- Chef's Special
- ♥ Pan-Seared Salmon with Tomato Basil Relish
- Risotto
- Vegetable Medley

SOUP OF THE DAY:
Corn Chowder

SANDWICH OF THE DAY:
Blue Cheese-Bacon Burger

DESSERTS OF THE DAY:
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SATURDAY

- Eggplant Rollatini with Garlic Bread
- Braised Pork with Rosemary
- ♥ Grilled Flank Steak with Red Onion Relish & Gravy
- Buttered Noodles
- Whipped Butternut Squash

SOUP OF DAY:
Michigan White Bean Soup

SANDWICH OF DAY:
Chicken Salad Sandwich

DESSERTS OF THE DAY:
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SUNDAY

- Lobster Macaroni & Cheese
- Waffles or Pancakes with Bacon or Sausage & Berries & Whipped Cream
- ♥ Sautéed Turkey Cutlets with Honey Mustard Tarragon Pan Sauce
- Potatoes Romanoff
- Peas & Pearl Onions

SOUP OF DAY:
Vegetable Beef Barley Soup

SANDWICH OF DAY:
Eggplant Parmesan Sandwich

DESSERTS OF THE DAY:
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