

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2016



Allenwood & Harborview Life Enrichment Event Calendar

										<p>9:30 Cup of Conversation</p> <p>10:00 Trip to the Farmer's Market</p> <p>2:00 Bingo</p> <p>2:30 Movie Matinee: Jane Got a Gun</p> <p>1</p>
<p>9:30 Cup of Conversation</p> <p>11:00 Local Televised Mass (Channel 15)</p> <p>1:00 Afternoon Games</p> <p>2</p>	<p>10:00 Get Fit Exercise</p> <p>10:30 Bible Study Group</p> <p>11:00 Scenic Ride (Leaf Peeping) & Lunch Outing</p> <p>1:30 Crafty Knitters</p> <p>2:00 Bingo</p> <p>6:30 Book Club</p> <p>6:30 Movie Night: The Finest Hour</p> <p>Rosh Hashanah</p> <p>3</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Sit & Be Fit Exercise</p> <p>10:30 Wellness Clinic</p> <p>11:00 Newstalk</p> <p>1:00 Outing to S. Burlington Library</p> <p>1:30 Speaker: Allison Geregley From Birds of VT Museum "Woodpeckers"</p> <p>3:00 Reminiscing through History</p> <p>4</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Tai Chi Class</p> <p>10:00 Men's Lunch at IHOP</p> <p>10:30 Wellness Clinic at Harborview</p> <p>2:00 Celebrating Rosh Hashanah Apple & Honey</p> <p>2:30 Catholic Mass</p> <p>3:30 Seated Yoga with Ellen</p> <p>6:30 Movie Night: To Catch a Thief</p> <p>5</p>	<p>10:00 Flu Shot Clinic</p> <p>11:00 Coffee Hour at Harborview Speaker: Debbie Ingram</p> <p>12:30 Wellness Clinic</p> <p>1:30 Postcard Madness</p> <p>2:00 Art Hour at Harborview</p> <p>2:30 Musical Performance by: Peter's Playlist</p> <p>6:30 Game Night</p> <p>6</p>	<p>8:30 Yoga</p> <p>10:00 Get Fit Exercise</p> <p>1:00 Outing to EEE: Education Enrichment for Everyone</p> <p>1:30 Manicures</p> <p>2:30 Cookie Social</p> <p>6:30 Movie Night: In-Lawfully Yours</p> <p>7</p>	<p>9:30 Cup of Conversation</p> <p>10:00 Trip to the Farmer's Market</p> <p>2:00 Bingo</p> <p>2:30 Movie Matinee: A Royal Night Out</p> <p>8</p>				
<p>9:30 Cup of Conversation</p> <p>11:00 Local Televised Mass (Channel 15)</p> <p>1:00 Afternoon Games</p> <p>9</p>	<p>10:00 Get Fit Exercise</p> <p>10:30 Bible Study Group</p> <p>1:00 Outing to the Shelburne Country Store</p> <p>1:30 Crafty Knitters</p> <p>6:30 Memoirs Writing Group</p> <p>6:30 Movie Night: My All American</p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p> <p>10</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Sit & Be Fit Exercise</p> <p>10:30 Wellness Clinic</p> <p>11:00 Wall Painting</p> <p>11:00 Newstalk</p> <p>1:30 The History of Eleanor Roosevelt</p> <p>3:00 Who & What Am I</p> <p>11</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Seated Yoga with Ellen</p> <p>10:00 Tai Chi Class</p> <p>10:45 Outing to Hope Cemetery & Lunch</p> <p>10:30 Wellness Clinic at Harborview</p> <p>2:30 Movie & Popcorn</p> <p>6:30 Movie Night: Little Boy</p> <p>Yom Kippur</p> <p>12</p>	<p>10:00 Get Fit Exercise</p> <p>10:30 Praise & Worship with Essex Alliance at Pillsbury Manor South</p> <p>11:00 Coffee Hour at Harborview</p> <p>12:30 Wellness Clinic</p> <p>2:00 Bingo</p> <p>2:00 Art Hour at Harborview</p> <p>6:30 Game Night</p> <p>13</p>	<p>8:30 Yoga</p> <p>10:00 Get Fit Exercise</p> <p>10:00 VT Common School Visit</p> <p>1:00 Pet Therapy with Milo</p> <p>1:00 Outing to EEE: Education Enrichment for Everyone</p> <p>3:30 Cheese & Wine Social at Harborview</p> <p>6:30 Movie Night: Last Love</p> <p>14</p>	<p>9:30 Cup of Conversation</p> <p>10:00 Trip to the Farmer's Market</p> <p>2:00 Bingo</p> <p>2:30 Movie Matinee: Sunset Song</p> <p>15</p>				
<p>9:30 Cup of Conversation</p> <p>11:00 Local Televised Mass (Channel 15)</p> <p>1:00 Afternoon Games</p> <p>16</p>	<p>10:00 Get Fit Exercise</p> <p>10:30 Bible Study Group</p> <p>1:30 Crafty Knitters</p> <p>1:30 Outing to Christmas Tree Shop</p> <p>3:00 Afternoon Movie & Popcorn</p> <p>6:30 Movie Night: The Last Man on the Moon</p> <p>Sukkot</p> <p>17</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Sit & Be Fit Exercise</p> <p>10:30 Wellness Clinic</p> <p>11:00 Newstalk</p> <p>11:00 Dementia Support Group</p> <p>2:00 Arts & Crafts</p> <p>3:00 Table Arrangement's Reminiscing through History</p> <p>18</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Voting for the Presidential Election at Allenwood</p> <p>10:30 Wellness Clinic at Harborview</p> <p>1:30 Outing to Yogurt City</p> <p>3:30 Seated Yoga with Ellen</p> <p>6:30 Movie Night: True Grit</p> <p>19</p>	<p>10:00 Get Fit Exercise</p> <p>10:00 Men's Luncheon at the Holiday Inn</p> <p>11:00 Coffee Hour at Harborview</p> <p>12:30 Wellness Clinic</p> <p>1:00 Pet Therapy with Zeus (Cat)</p> <p>2:00 Bingo</p> <p>2:00 Art Hour at Harborview</p> <p>6:30 Game Night</p> <p>20</p>	<p>8:30 Yoga</p> <p>10:00 Get Fit Exercise</p> <p>1:00 Outing to EEE: Education Enrichment for Everyone</p> <p>2:00 Flower Arranging</p> <p>6:30 Movie Night: Man & Beast With Martin Clunes</p> <p>21</p>	<p>9:30 Cup of Conversation</p> <p>10:00 Trip to the Farmer's Market</p> <p>2:00 Bingo</p> <p>2:30 Movie Matinee: The Book of Esther</p> <p>22</p>				
<p>9:30 Cup of Conversation</p> <p>11:00 Local Televised Mass (Channel 15)</p> <p>1:00 Afternoon Games</p> <p>23</p>	<p>10:00 to 2:00 Fall Buffet</p> <p>7:00 Pillsbury Players Present: Alistair in Elderland & More Than Seven Big Dwarfs</p> <p>24</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Sit & Be Fit Exercise</p> <p>10:00 Men's Lunch at the Dutch Mill</p> <p>10:30 Wellness Clinic</p> <p>11:00 Newstalk</p> <p>1:30 Art Class</p> <p>3:15 Musical Performance by: Ed Schenk</p> <p>25</p>	<p>9:30 Meditation with Ellen</p> <p>10:00 Seated Yoga with Ellen</p> <p>10:00 Tai Chi Class</p> <p>10:30 Wellness Clinic at Harborview</p> <p>11:00 Lunch Bunch Outing to Tuscano Café/ Bistro</p> <p>2:00 History of Halloween</p> <p>3:30 Seated Yoga with Ellen</p> <p>6:30 Movie Night: Before we Go</p> <p>26</p>	<p>10:00 Get Fit Exercise</p> <p>10:00 Men's Lunch at Pizza Put</p> <p>11:00 Coffee Hour at Harborview</p> <p>12:30 Wellness Clinic</p> <p>2:00 Bingo</p> <p>2:00 Art Hour at Harborview</p> <p>6:30 Game Night</p> <p>27</p>	<p>8:30 Yoga</p> <p>10:00 Get Fit Exercise</p> <p>10:00 VT Common School Visit</p> <p>1:00 Outing to EEE: Education Enrichment for Everyone</p> <p>2:00 Doodling Hour</p> <p>3:30 Cheese & Wine Social at Harborview</p> <p>6:30 Movie Night: The Family Man</p> <p>28</p>	<p>9:30 Cup of Conversation</p> <p>10:00 Trip to the Farmer's Market</p> <p>2:00 Bingo</p> <p>2:30 Movie Matinee: Anna and the King</p> <p>29</p>				
<p>9:30 Cup of Conversation</p> <p>11:00 Local Televised Mass (Channel 15)</p> <p>1:00 Afternoon Games</p> <p>30</p>	<p>8:30 Breakfast Outing to Papa Nicks</p> <p>10:30 Bible Study Group</p> <p>1:30 Crafty Knitter</p> <p>2:30 Halloween Costume Party</p> <p>6:30 Movie Night: London Has Fallen</p> <p>Halloween</p> <p>31</p>	 <p>Pillsbury Senior Communities</p>								

